



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Falarzik, Jana

Club: GZBW-Runners  
Number: 653

Course: 9.60 km  
9,6 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:03:33

Speed: 9.06 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 179 (of 230)

Rank in course/Women: 63 (of 94)

Best time in course: 42:41

Rank in category: 10(of 11)

Best time in the category: 50:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:41	7:14	8	3:16	40	8:55	4.10	29:41	7:14	8	3:16	40	8:55
Loddenke	2.20	17:48	8:05	11	8:38	91	9:24	6.30	47:29	7:32	10	11:21	75	18:12
Ilseburg/Markt	3.30	16:04	4:52	7	2:07	28	3:07	9.60	1:03:33	6:37	10	13:28	63	20:52