



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Korneli, Manuela

Club: Für Tilda  
Number: 697

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:59

Speed: 8.44 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 181 (of 230)

Rank in course/Women: 64 (of 94)

Best time in course: 42:41

Rank in category: 6(of 9)

Best time in the category: 43:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:00	7:19	5	8:04	44	9:14	4.10	30:00	7:19	5	8:04	44	9:14
Loddenke	2.20	16:07	7:19	8	7:43	88	7:43	6.30	46:07	7:19	6	15:47	69	16:50
Ilseburg/Markt	3.30	17:52	5:24	4	4:21	55	4:55	9.60	1:03:59	6:39	6	20:08	64	21:18