



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Meier, Rene´

Club: NIX tun kann JEDER
Number: 716

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:04:27

Speed: 8.94 km/h
Running performance: 6:43 min/km

Rank in course/Total: 189 (of 230)

Rank in course/Men: 118 (of 136)

Best time in course: 34:12

Rank in category: 18(of 19)

Best time in the category: 42:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:24	7:24	16	9:09	104	13:20	4.10	30:24	7:24	16	9:09	104	13:20
Loddenke	2.20	15:17	6:56	19	6:50	129	8:29	6.30	45:41	7:15	18	15:59	122	21:49
Ilseburg/Markt	3.30	18:46	5:41	17	5:43	114	8:26	9.60	1:04:27	6:42	18	21:42	119	30:15