



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kron, Dietrich

Club: LG Parohim
Number: 554

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:05:34

Speed: 8.24 km/h
Running performance: 6:50 min/km

Rank in course/Total: 197 (of 230)

Rank in course/Men: 122 (of 136)

Best time in course: 34:12

Rank in category: 4(of 4)

Best time in the category: 58:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	32:00	7:48	4	2:13	119	14:56	4.10	32:00	7:48	4	2:13	119	14:56
Loddenke	2.20	13:51	6:17	4	2:06	123	7:03	6.30	45:51	7:16	4	4:11	123	21:59
Ilseburg/Markt	3.30	19:43	5:58	4	3:16	121	9:23	9.60	1:05:34	6:49	4	7:27	123	31:22