



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Sturm, Erhard

Club: TSV Niederndodeleben
Number: 838

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:05:52

Speed: 8.74 km/h
Running performance: 6:52 min/km

Rank in course/Total: 198 (of 230)

Rank in course/Men: 123 (of 136)

Best time in course: 34:12

Rank in category: 7(of 13)

Best time in the category: 55:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:13	8:06	9	5:48	125	16:09	4.10	33:13	8:06	9	5:48	125	16:09
Loddenke	2.20	12:26	5:39	6	1:10	109	5:38	6.30	45:39	7:14	9	6:58	121	21:47
Ilseburg/Markt	3.30	20:13	6:07	7	3:46	122	9:53	9.60	1:05:52	6:51	8	27:24	124	31:40