



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Heitzmann, Doreen

Club: Rathenow
Number: 675

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:08:09

Speed: 8.45 km/h
Running performance: 7:06 min/km

Rank in course/Total: 204 (of 230)

Rank in course/Women: 79 (of 94)

Best time in course: 42:41

Rank in category: 15(of 20)

Best time in the category: 53:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:22	8:08	13	6:34	74	12:36	4.10	33:22	8:08	13	6:34	74	12:36
Loddenke	2.20	14:28	6:34	16	4:18	79	6:04	6.30	47:50	7:35	13	10:38	76	18:33
Ilseburg/Markt	3.30	20:19	6:09	17	4:16	84	7:22	9.60	1:08:09	7:05	15	14:47	79	25:28