



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Björn, Sabine

Club: Magdeburger-LaufKultur 08
Number: 637

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:08:49

Speed: 7.85 km/h
Running performance: 7:10 min/km

Rank in course/Total: 206 (of 230)

Rank in course/Women: 80 (of 94)

Best time in course: 42:41

Rank in category: 16(of 20)

Best time in the category: 53:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	35:46	8:43	18	8:58	85	15:00	4.10	35:46	8:43	18	8:58	85	15:00
Loddenke	2.20	14:11	6:26	14	4:01	76	5:47	6.30	49:57	7:55	18	12:45	85	20:40
Ilseburg/Markt	3.30	18:52	5:43	15	2:49	74	5:55	9.60	1:08:49	7:10	16	15:27	80	26:08