



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kurkowitz, Nancy

Club: Brockenlaufverein
Number: 704

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:09:45

Speed: 7.74 km/h
Running performance: 7:16 min/km

Rank in course/Total: 212 (of 230)

Rank in course/Women: 82 (of 94)

Best time in course: 42:41

Rank in category: 9(of 9)

Best time in the category: 43:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	34:21	8:22	9	11:54	80	13:35	4.10	34:21	8:22	9	11:54	80	13:35
Loddenke	2.20	14:06	6:24	8	5:33	74	5:42	6.30	48:27	7:41	9	17:27	79	19:10
Ilseburg/Markt	3.30	21:18	6:27	9	8:21	85	8:21	9.60	1:09:45	7:15	9	25:48	82	27:04