



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Morgenstern, Manuela

Club: SV 1916 Beuna
Number: 828

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:10:05

Speed: 8.22 km/h
Running performance: 7:18 min/km

Rank in course/Total: 215 (of 230)

Rank in course/Women: 85 (of 94)

Best time in course: 42:41

Rank in category: 17(of 20)

Best time in the category: 53:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	35:59	8:46	19	9:11	87	15:13	4.10	35:59	8:46	19	9:11	87	15:13
Loddenke	2.20	14:19	6:30	15	4:09	78	5:55	6.30	50:18	7:59	19	13:06	87	21:01
Ilseburg/Markt	3.30	19:47	5:59	16	3:44	79	6:50	9.60	1:10:05	7:18	17	16:43	85	27:24