



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Salo, Maria

Club: Walldorf
Number: 744

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:13:30

Speed: 7.35 km/h
Running performance: 7:40 min/km

Rank in course/Total: 220 (of 230)

Rank in course/Women: 88 (of 94)

Best time in course: 42:41

Rank in category: 13(of 13)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	36:38	8:56	13	15:52	88	15:52	4.10	36:38	8:56	13	15:52	88	15:52
Loddenke	2.20	15:17	6:56	13	6:46	85	6:53	6.30	51:55	8:14	13	22:38	88	22:38
Ilseburg/Markt	3.30	21:35	6:32	13	8:11	88	8:38	9.60	1:13:30	7:39	13	30:49	88	30:49