



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Püschel, Ingrid

Club: Dahlweid Potsdam  
Number: 855

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W70 (70-74 Jahre)

Total time: 1:37:49

Speed: 5.52 km/h  
Running performance: 10:11 min/km

Rank in course/Total: 228 (of 230)

Rank in course/Women: 94 (of 94)

Best time in course: 42:41

Rank in category: 1(of 1)

Best time in the category: 1:37:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	47:55	11:41	1	-	94	27:09	4.10	47:55	11:41	1	-	94	27:09
Loddenke	2.20	21:36	9:49	1	-	94	13:12	6.30	1:09:31	11:02	1	-	94	40:14
Ilseburg/Markt	3.30	28:18	8:34	1	-	92	15:21	9.60	1:37:49	10:11	1	-	94	55:08