



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Hedderich, Thomas

Club: NSV Wernigerode  
Number: 475

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:53:27

Speed: 13.86 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 7 (of 506)

Rank in course/Men: 7 (of 416)

Best time in course: 1:44:43

Rank in category: 3(of 45)

Best time in the category: 1:49:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	13:44	4:09	3	0:18	7	0:18	3.30	13:44	4:09	3	0:18	7	0:18
Bremer Hütte	2.40	12:16	5:06	3	1:10	8	1:10	5.70	26:00	4:33	3	1:28	9	1:28
Hermannsklippe	3.30	16:10	4:53	2	1:16	5	1:18	9.00	42:10	4:41	3	2:44	6	2:45
Brocken	3.10	20:39	6:39	3	1:39	8	2:18	12.10	1:02:49	5:11	3	4:23	7	5:03
Eiserner Handwe	3.60	13:26	3:43	2	0:21	7	0:54	15.70	1:16:15	4:51	3	4:00	7	5:57
Bremer Hütte	4.10	15:50	3:51	3	0:13	9	0:56	19.80	1:32:05	4:39	3	4:05	7	6:36
Loddenke	3.10	8:44	2:49	3	0:37	9	0:46	22.90	1:40:49	4:24	3	4:08	7	7:22
Ilseburg/Markt	3.30	12:38	3:49	2	1:09	9	1:22	26.20	1:53:27	4:19	3	4:08	7	8:44