



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Reimers, Sonka

Club: Brockenlaufverein
Number: 1

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:00:04

Speed: 13.09 km/h
Running performance: 4:35 min/km

Rank in course/Total: 14 (of 506)

Rank in course/Women: 1 (of 90)

Best time in course: 2:00:04

Rank in category: 1(of 11)

Best time in the category: 2:00:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	14:41	4:26	1	-	1	-	3.30	14:41	4:26	1	-	1	-
Bremer Hütte	2.40	13:01	5:25	1	-	1	-	5.70	27:42	4:51	1	-	1	-
Hermannsklippe	3.30	18:06	5:29	1	-	1	-	9.00	45:48	5:05	1	-	1	-
Brocken	3.10	23:41	7:38	1	-	2	0:14	12.10	1:09:29	5:44	1	-	1	-
Eiserner Handwe	3.60	13:21	3:42	1	-	1	-	15.70	1:22:50	5:16	1	-	1	-
Bremer Hütte	4.10	16:26	4:00	1	-	1	-	19.80	1:39:16	5:00	1	-	1	-
Loddenke	3.10	8:38	2:47	1	-	1	-	22.90	1:47:54	4:42	1	-	1	-
Ilseburg/Markt	3.30	12:10	3:41	1	-	1	-	26.20	2:00:04	4:34	1	-	1	-