



48. Brockenlauf

Ilseburg / 01.09.2018

Detailed evaluation

Knauer, Daniel

Club: Brockenlaufverein
Number: 213

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:01:53

Speed: 12.90 km/h
Running performance: 4:39 min/km

Rank in course/Total: 17 (of 506)

Rank in course/Men: 16 (of 416)

Best time in course: 1:44:43

Rank in category: 4(of 58)

Best time in the category: 1:54:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:34	4:24	4	0:29	14	1:08	3.30	14:34	4:24	4	0:29	14	1:08
Bremer Hütte	2.40	12:57	5:23	6	0:26	20	1:51	5.70	27:31	4:49	4	0:52	15	2:59
Hermannsklippe	3.30	18:06	5:29	7	1:28	24	3:14	9.00	45:37	5:04	5	1:59	19	6:12
Brocken	3.10	23:01	7:25	6	2:24	25	4:40	12.10	1:08:38	5:40	5	4:19	20	10:52
Eiserner Handwe	3.60	14:29	4:01	2	1:12	15	1:57	15.70	1:23:07	5:17	5	5:06	19	12:49
Bremer Hütte	4.10	16:52	4:06	3	1:21	13	1:58	19.80	1:39:59	5:02	4	6:27	18	14:30
Loddenke	3.10	8:46	2:49	2	0:26	10	0:48	22.90	1:48:45	4:44	4	6:53	16	15:18
Ilseburg/Markt	3.30	13:08	3:58	4	0:41	18	1:52	26.20	2:01:53	4:39	4	7:34	16	17:10