



48. Brockenlauf

Ilseburg / 01.09.2018

Detailed evaluation

Enke, Sebastian

Club: LG Wetttemberg
Number: 560

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:03:53

Speed: 12.59 km/h
Running performance: 4:44 min/km

Rank in course/Total: 21 (of 506)

Rank in course/Men: 20 (of 416)

Best time in course: 1:44:43

Rank in category: 3(of 29)

Best time in the category: 1:49:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	13:49	4:11	2	0:23	9	0:23	3.30	13:49	4:11	2	0:23	9	0:23
Bremer Hütte	2.40	11:57	4:58	2	0:42	5	0:51	5.70	25:46	4:31	2	1:05	6	1:14
Hermannsklippe	3.30	16:35	5:01	2	0:58	8	1:43	9.00	42:21	4:42	2	2:03	8	2:56
Brocken	3.10	22:03	7:06	2	1:46	12	3:42	12.10	1:04:24	5:19	2	3:49	9	6:38
Eiserner Handwe	3.60	16:21	4:32	6	3:14	70	3:49	15.70	1:20:45	5:08	3	7:03	13	10:27
Bremer Hütte	4.10	18:34	4:31	3	3:40	61	3:40	19.80	1:39:19	5:00	3	10:43	16	13:50
Loddenke	3.10	9:43	3:08	3	1:42	49	1:45	22.90	1:49:02	4:45	3	12:25	17	15:35
Ilseburg/Markt	3.30	14:51	4:30	9	2:28	94	3:35	26.20	2:03:53	4:43	3	14:26	20	19:10