



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Schnellberger, Alexander

Club: SVG Ruhstorf
Number: 352

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:09:35

Speed: 12.04 km/h
Running performance: 4:57 min/km

Rank in course/Total: 34 (of 506)

Rank in course/Men: 32 (of 416)

Best time in course: 1:44:43

Rank in category: 7(of 66)

Best time in the category: 1:51:00

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:26	4:58	8	3:00	48	3:00	3.30	16:26	4:58	8	3:00	48	3:00
Bremer Hütte	2.40	13:37	5:40	7	2:13	33	2:31	5.70	30:03	5:16	8	5:13	42	5:31
Hermannsklippe	3.30	18:34	5:37	7	3:01	33	3:42	9.00	48:37	5:24	8	8:14	39	9:12
Brocken	3.10	23:46	7:39	7	3:24	32	5:25	12.10	1:12:23	5:58	7	11:29	34	14:37
Eiserner Handwe	3.60	16:04	4:27	8	2:50	56	3:32	15.70	1:28:27	5:38	7	14:19	33	18:09
Bremer Hütte	4.10	18:02	4:23	9	2:32	43	3:08	19.80	1:46:29	5:22	7	16:09	34	21:00
Loddenke	3.10	9:14	2:58	5	1:14	28	1:16	22.90	1:55:43	5:03	7	16:32	32	22:16
Ilseburg/Markt	3.30	13:52	4:12	10	2:13	50	2:36	26.20	2:09:35	4:56	7	18:35	32	24:52