



48. Brockenlauf

Ilseburg / 01.09.2018

Detailed evaluation

Merz, Matthias

Club: Brockenlaufverein
Number: 499

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:09:46

Speed: 12.02 km/h
Running performance: 4:57 min/km

Rank in course/Total: 35 (of 506)

Rank in course/Men: 33 (of 416)

Best time in course: 1:44:43

Rank in category: 3(of 52)

Best time in the category: 2:08:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:37	5:20	7	1:14	90	4:11	3.30	17:37	5:20	7	1:14	90	4:11
Bremer Hütte	2.40	14:20	5:58	4	0:26	60	3:14	5.70	31:57	5:36	5	1:33	73	7:25
Hermannsklippe	3.30	19:12	5:49	4	0:44	53	4:20	9.00	51:09	5:41	4	2:17	62	11:44
Brocken	3.10	22:23	7:13	1	-	20	4:02	12.10	1:13:32	6:04	2	0:36	40	15:46
Eiserner Handwe	3.60	15:49	4:23	4	1:36	44	3:17	15.70	1:29:21	5:41	3	0:52	41	19:03
Bremer Hütte	4.10	18:06	4:24	4	0:49	45	3:12	19.80	1:47:27	5:25	3	1:39	40	21:58
Loddenke	3.10	9:21	3:00	4	0:24	32	1:23	22.90	1:56:48	5:06	3	1:51	35	23:21
Ilseburg/Markt	3.30	12:58	3:55	1	-	15	1:42	26.20	2:09:46	4:57	3	1:37	33	25:03