



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Fromme, Daniel

Club: Magdeburger-LaufKultur 08
Number: 126

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:10:28

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 37 (of 506)

Rank in course/Men: 35 (of 416)

Best time in course: 1:44:43

Rank in category: 8(of 48)

Best time in the category: 1:44:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:27	4:59	12	3:01	49	3:01	3.30	16:27	4:59	12	3:01	49	3:01
Bremer Hütte	2.40	13:40	5:41	6	2:33	34	2:34	5.70	30:07	5:17	10	5:34	44	5:35
Hermannsklippe	3.30	18:40	5:39	9	3:48	39	3:48	9.00	48:47	5:25	10	9:22	41	9:22
Brocken	3.10	24:18	7:50	8	5:57	40	5:57	12.10	1:13:05	6:02	9	15:19	38	15:19
Eiserner Handwe	3.60	15:09	4:12	7	2:37	27	2:37	15.70	1:28:14	5:37	8	17:56	31	17:56
Bremer Hütte	4.10	18:00	4:23	10	2:49	42	3:06	19.80	1:46:14	5:21	7	20:45	32	20:45
Loddenke	3.10	9:44	3:08	8	1:46	50	1:46	22.90	1:55:58	5:03	7	22:31	33	22:31
Ilseburg/Markt	3.30	14:30	4:23	13	3:14	72	3:14	26.20	2:10:28	4:58	8	25:45	35	25:45