



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Reese, Ingo

Club: Kleinvollstedt
Number: 225

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:13:17

Speed: 11.79 km/h
Running performance: 5:05 min/km

Rank in course/Total: 48 (of 506)

Rank in course/Men: 45 (of 416)

Best time in course: 1:44:43

Rank in category: 11(of 48)

Best time in the category: 1:44:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:55	5:43	24	5:29	193	5:29	3.30	18:55	5:43	24	5:29	193	5:29
Bremer Hütte	2.40	14:22	5:59	12	3:15	61	3:16	5.70	33:17	5:50	17	8:44	118	8:45
Hermannsklippe	3.30	20:14	6:07	16	5:22	88	5:22	9.00	53:31	5:56	16	14:06	100	14:06
Brocken	3.10	24:53	8:01	10	6:32	47	6:32	12.10	1:18:24	6:28	16	20:38	73	20:38
Eiserner Handwe	3.60	15:35	4:19	9	3:03	41	3:03	15.70	1:33:59	5:59	15	23:41	65	23:41
Bremer Hütte	4.10	17:55	4:22	8	2:44	38	3:01	19.80	1:51:54	5:39	13	26:25	57	26:25
Loddenke	3.10	8:46	2:49	3	0:48	10	0:48	22.90	2:00:40	5:16	12	27:13	52	27:13
Ilseburg/Markt	3.30	12:37	3:49	3	1:21	8	1:21	26.20	2:13:17	5:05	11	28:34	45	28:34