



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Scharun, Markus

Club: Brockenlaufverein
Number: 319

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:14:04

Speed: 11.64 km/h
Running performance: 5:07 min/km

Rank in course/Total: 51 (of 506)

Rank in course/Men: 48 (of 416)

Best time in course: 1:44:43

Rank in category: 8(of 45)

Best time in the category: 1:49:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:44	4:46	6	2:18	34	2:18	3.30	15:44	4:46	6	2:18	34	2:18
Bremer Hütte	2.40	14:04	5:51	9	2:58	52	2:58	5.70	29:48	5:13	7	5:16	39	5:16
Hermannsklippe	3.30	19:17	5:50	8	4:23	55	4:25	9.00	49:05	5:27	8	9:39	44	9:40
Brocken	3.10	26:59	8:42	19	7:59	99	8:38	12.10	1:16:04	6:17	9	17:38	57	18:18
Eiserner Handwe	3.60	15:49	4:23	9	2:44	44	3:17	15.70	1:31:53	5:51	9	19:38	50	21:35
Bremer Hütte	4.10	18:05	4:24	8	2:28	44	3:11	19.80	1:49:58	5:33	8	21:58	48	24:29
Loddenke	3.10	9:36	3:05	8	1:29	43	1:38	22.90	1:59:34	5:13	8	22:53	47	26:07
Ilseburg/Markt	3.30	14:30	4:23	12	3:01	72	3:14	26.20	2:14:04	5:07	8	24:45	48	29:21