



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Braune, Mario

Club: Magdeburg
Number: 71

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:16:08

Speed: 11.55 km/h
Running performance: 5:12 min/km

Rank in course/Total: 61 (of 506)

Rank in course/Men: 58 (of 416)

Best time in course: 1:44:43

Rank in category: 2(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:40	5:03	2	1:14	56	3:14	3.30	16:40	5:03	2	1:14	56	3:14
Bremer Hütte	2.40	13:56	5:48	1	-	48	2:50	5.70	30:36	5:22	1	-	53	6:04
Hermannsklippe	3.30	18:35	5:37	1	-	34	3:43	9.00	49:11	5:27	1	-	46	9:46
Brocken	3.10	23:59	7:44	1	-	35	5:38	12.10	1:13:10	6:02	1	-	39	15:24
Eiserner Handwe	3.60	16:25	4:33	5	0:52	72	3:53	15.70	1:29:35	5:42	1	-	43	19:17
Bremer Hütte	4.10	19:12	4:40	6	0:42	78	4:18	19.80	1:48:47	5:29	1	-	45	23:18
Loddenke	3.10	11:33	3:43	28	2:23	181	3:35	22.90	2:00:20	5:15	2	0:08	50	26:53
Ilseburg/Markt	3.30	15:48	4:47	18	2:40	160	4:32	26.20	2:16:08	5:11	2	2:17	58	31:25