



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Willrodt, Dierk

Club: Altenholz
Number: 543

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:16:15

Speed: 11.54 km/h
Running performance: 5:12 min/km

Rank in course/Total: 63 (of 506)

Rank in course/Men: 60 (of 416)

Best time in course: 1:44:43

Rank in category: 3(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:43	5:03	3	1:17	58	3:17	3.30	16:43	5:03	3	1:17	58	3:17
Bremer Hütte	2.40	14:23	5:59	3	0:27	62	3:17	5.70	31:06	5:27	4	0:30	60	6:34
Hermannsklippe	3.30	19:59	6:03	5	1:24	80	5:07	9.00	51:05	5:40	3	1:54	61	11:40
Brocken	3.10	26:02	8:23	6	2:03	75	7:41	12.10	1:17:07	6:22	4	3:57	65	19:21
Eiserner Handwe	3.60	17:59	4:59	20	2:26	134	5:27	15.70	1:35:06	6:03	4	5:31	74	24:48
Bremer Hütte	4.10	18:51	4:35	3	0:21	66	3:57	19.80	1:53:57	5:45	4	5:10	67	28:28
Loddenke	3.10	9:10	2:57	1	-	24	1:12	22.90	2:03:07	5:22	4	2:55	64	29:40
Ilseburg/Markt	3.30	13:08	3:58	1	-	18	1:52	26.20	2:16:15	5:12	3	2:24	60	31:32