



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Scholz, Detlef

Club: Berlin
Number: 355

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:18:17

Speed: 11.37 km/h
Running performance: 5:17 min/km

Rank in course/Total: 69 (of 506)

Rank in course/Men: 66 (of 416)

Best time in course: 1:44:43

Rank in category: 6(of 52)

Best time in the category: 2:08:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:37	5:20	7	1:14	90	4:11	3.30	17:37	5:20	7	1:14	90	4:11
Bremer Hütte	2.40	14:46	6:09	5	0:52	77	3:40	5.70	32:23	5:40	6	1:59	81	7:51
Hermannsklippe	3.30	19:41	5:57	6	1:13	65	4:49	9.00	52:04	5:47	6	3:12	75	12:39
Brocken	3.10	26:33	8:33	8	4:10	90	8:12	12.10	1:18:37	6:29	6	5:41	75	20:51
Eiserner Handwe	3.60	16:14	4:30	7	2:01	63	3:42	15.70	1:34:51	6:02	6	6:22	73	24:33
Bremer Hütte	4.10	18:53	4:36	7	1:36	67	3:59	19.80	1:53:44	5:44	6	7:56	66	28:15
Loddenke	3.10	10:02	3:14	5	1:05	64	2:04	22.90	2:03:46	5:24	6	8:49	65	30:19
Ilseburg/Markt	3.30	14:31	4:23	7	1:33	74	3:15	26.20	2:18:17	5:16	6	10:08	66	33:34