



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Schlottag, Jens

Club: MSV Eintracht Halberstadt
Number: 339

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:19:06

Speed: 11.30 km/h
Running performance: 5:19 min/km

Rank in course/Total: 74 (of 506)

Rank in course/Men: 71 (of 416)

Best time in course: 1:44:43

Rank in category: 13(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:47	5:23	16	4:21	99	4:21	3.30	17:47	5:23	16	4:21	99	4:21
Bremer Hütte	2.40	15:22	6:24	17	3:58	119	4:16	5.70	33:09	5:48	17	8:19	101	8:37
Hermannsklippe	3.30	20:59	6:21	20	5:26	131	6:07	9.00	54:08	6:00	18	13:45	121	14:43
Brocken	3.10	27:43	8:56	19	7:21	137	9:22	12.10	1:21:51	6:45	18	20:57	116	24:05
Eiserner Handwe	3.60	16:15	4:30	12	3:01	64	3:43	15.70	1:38:06	6:14	18	23:58	104	27:48
Bremer Hütte	4.10	17:49	4:20	7	2:19	34	2:55	19.80	1:55:55	5:51	16	25:35	80	30:26
Loddenke	3.10	9:20	3:00	6	1:20	30	1:22	22.90	2:05:15	5:28	14	26:04	74	31:48
Ilseburg/Markt	3.30	13:51	4:11	9	2:12	49	2:35	26.20	2:19:06	5:18	13	28:06	71	34:23