



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Koch, Johannes

Club: ASV Saxonia leonis  
Number: 214

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:19:55

Speed: 11.24 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 78 (of 506)

Rank in course/Men: 74 (of 416)

Best time in course: 1:44:43

Rank in category: 5(of 29)

Best time in the category: 1:49:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:53	5:25	14	4:27	113	4:27	3.30	17:53	5:25	14	4:27	113	4:27
Bremer Hütte	2.40	14:33	6:03	7	3:18	68	3:27	5.70	32:26	5:41	7	7:45	83	7:54
Hermannsklippe	3.30	20:01	6:03	7	4:24	81	5:09	9.00	52:27	5:49	6	12:09	78	13:02
Brocken	3.10	27:05	8:44	7	6:48	106	8:44	12.10	1:19:32	6:34	6	18:57	88	21:46
Eiserner Handwe	3.60	17:58	4:59	11	4:51	133	5:26	15.70	1:37:30	6:12	8	23:48	95	27:12
Bremer Hütte	4.10	18:59	4:37	5	4:05	70	4:05	19.80	1:56:29	5:52	6	27:53	87	31:00
Loddenke	3.10	10:03	3:14	5	2:02	68	2:05	22.90	2:06:32	5:31	5	29:55	82	33:05
Ilseburg/Markt	3.30	13:23	4:03	3	1:00	25	2:07	26.20	2:19:55	5:20	5	30:28	74	35:12