



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Maier, Frank

Club: Meyenburg
Number: 254

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:20:05

Speed: 11.14 km/h
Running performance: 5:21 min/km

Rank in course/Total: 79 (of 506)

Rank in course/Men: 75 (of 416)

Best time in course: 1:44:43

Rank in category: 5(of 72)

Best time in the category: 2:13:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:27	5:17	7	2:01	82	4:01	3.30	17:27	5:17	7	2:01	82	4:01
Bremer Hütte	2.40	15:36	6:30	18	1:40	147	4:30	5.70	33:03	5:47	10	2:27	93	8:31
Hermannsklippe	3.30	20:23	6:10	9	1:48	97	5:31	9.00	53:26	5:56	10	4:15	99	14:01
Brocken	3.10	27:51	8:59	13	3:52	143	9:30	12.10	1:21:17	6:43	12	8:07	112	23:31
Eiserner Handwe	3.60	15:59	4:26	3	0:26	54	3:27	15.70	1:37:16	6:11	8	7:41	89	26:58
Bremer Hütte	4.10	19:04	4:39	5	0:34	73	4:10	19.80	1:56:20	5:52	6	7:33	86	30:51
Loddenke	3.10	9:39	3:06	2	0:29	44	1:41	22.90	2:05:59	5:30	5	5:47	77	32:32
Ilseburg/Markt	3.30	14:06	4:16	3	0:58	55	2:50	26.20	2:20:05	5:20	5	6:14	75	35:22