



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Dietrich, Andreas

Club: SG Lauftreff Harz
Number: 567

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:20:42

Speed: 11.17 km/h
Running performance: 5:22 min/km

Rank in course/Total: 83 (of 506)

Rank in course/Men: 79 (of 416)

Best time in course: 1:44:43

Rank in category: 20(of 58)

Best time in the category: 1:54:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:54	5:07	17	2:49	63	3:28	3.30	16:54	5:07	17	2:49	63	3:28
Bremer Hütte	2.40	14:55	6:12	23	2:24	90	3:49	5.70	31:49	5:34	17	5:10	69	7:17
Hermannsklippe	3.30	20:43	6:16	26	4:05	117	5:51	9.00	52:32	5:50	21	8:54	79	13:07
Brocken	3.10	27:44	8:56	33	7:07	138	9:23	12.10	1:20:16	6:38	23	15:57	100	22:30
Eiserner Handwe	3.60	17:01	4:43	23	3:44	97	4:29	15.70	1:37:17	6:11	22	19:16	90	26:59
Bremer Hütte	4.10	18:55	4:36	21	3:24	69	4:01	19.80	1:56:12	5:52	21	22:40	83	30:43
Loddenke	3.10	10:02	3:14	18	1:42	64	2:04	22.90	2:06:14	5:30	21	24:22	80	32:47
Ilseburg/Markt	3.30	14:28	4:23	16	2:01	71	3:12	26.20	2:20:42	5:22	20	26:23	79	35:59