



48. Brockenlauf

Ilseburg / 01.09.2018

Detailed evaluation

Glüber, Michael

Club: Lauftreff Speeketze Marbach
Number: 561

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:20:50

Speed: 11.08 km/h
Running performance: 5:23 min/km

Rank in course/Total: 84 (of 506)

Rank in course/Men: 80 (of 416)

Best time in course: 1:44:43

Rank in category: 16(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:10	5:12	12	3:44	70	3:44	3.30	17:10	5:12	12	3:44	70	3:44
Bremer Hütte	2.40	14:36	6:04	13	3:12	73	3:30	5.70	31:46	5:34	13	6:56	66	7:14
Hermannsklippe	3.30	19:29	5:54	12	3:56	58	4:37	9.00	51:15	5:41	13	10:52	63	11:50
Brocken	3.10	25:21	8:10	12	4:59	57	7:00	12.10	1:16:36	6:19	12	15:42	60	18:50
Eiserner Handwe	3.60	17:42	4:54	19	4:28	123	5:10	15.70	1:34:18	6:00	12	20:10	68	24:00
Bremer Hütte	4.10	20:15	4:56	19	4:45	116	5:21	19.80	1:54:33	5:47	14	24:13	73	29:04
Loddenke	3.10	10:44	3:27	22	2:44	118	2:46	22.90	2:05:17	5:28	15	26:06	75	31:50
Ilseburg/Markt	3.30	15:33	4:42	24	3:54	143	4:17	26.20	2:20:50	5:22	16	29:50	80	36:07