



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Donath, Sven

Club: SV 1916 Beuna
Number: 457

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:22:08

Speed: 11.06 km/h
Running performance: 5:25 min/km

Rank in course/Total: 94 (of 506)

Rank in course/Men: 90 (of 416)

Best time in course: 1:44:43

Rank in category: 23(of 58)

Best time in the category: 1:54:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:33	5:37	31	4:28	154	5:07	3.30	18:33	5:37	31	4:28	154	5:07
Bremer Hütte	2.40	16:10	6:44	36	3:39	179	5:04	5.70	34:43	6:05	32	8:04	174	10:11
Hermannsklippe	3.30	21:30	6:30	33	4:52	162	6:38	9.00	56:13	6:14	32	12:35	168	16:48
Brocken	3.10	28:32	9:12	37	7:55	165	10:11	12.10	1:24:45	7:00	33	20:26	163	26:59
Eiserner Handwe	3.60	16:28	4:34	19	3:11	75	3:56	15.70	1:41:13	6:26	31	23:12	136	30:55
Bremer Hütte	4.10	17:42	4:19	7	2:11	29	2:48	19.80	1:58:55	6:00	29	25:23	114	33:26
Loddenke	3.10	9:24	3:01	8	1:04	34	1:26	22.90	2:08:19	5:36	23	26:27	99	34:52
Ilseburg/Markt	3.30	13:49	4:11	11	1:22	48	2:33	26.20	2:22:08	5:25	23	27:49	90	37:25