



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Herms, Mathias

Club: Magdeburg
Number: 170

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:22:19

Speed: 11.05 km/h
Running performance: 5:26 min/km

Rank in course/Total: 96 (of 506)

Rank in course/Men: 92 (of 416)

Best time in course: 1:44:43

Rank in category: 15(of 45)

Best time in the category: 1:49:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:28	5:35	18	5:02	152	5:02	3.30	18:28	5:35	18	5:02	152	5:02
Bremer Hütte	2.40	14:48	6:10	14	3:42	79	3:42	5.70	33:16	5:50	17	8:44	114	8:44
Hermannsklippe	3.30	20:17	6:08	16	5:23	91	5:25	9.00	53:33	5:56	16	14:07	103	14:08
Brocken	3.10	26:06	8:25	15	7:06	80	7:45	12.10	1:19:39	6:34	15	21:13	91	21:53
Eiserner Handwe	3.60	18:39	5:10	17	5:34	168	6:07	15.70	1:38:18	6:15	16	26:03	106	28:00
Bremer Hütte	4.10	19:28	4:44	13	3:51	86	4:34	19.80	1:57:46	5:56	16	29:46	100	32:17
Loddenke	3.10	10:38	3:25	19	2:31	110	2:40	22.90	2:08:24	5:36	16	31:43	102	34:57
Ilseburg/Markt	3.30	13:55	4:13	10	2:26	51	2:39	26.20	2:22:19	5:25	15	33:00	92	37:36