



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Wiedig, Michael

Club: Aschersleben
Number: 562

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:23:41

Speed: 10.86 km/h
Running performance: 5:29 min/km

Rank in course/Total: 109 (of 506)

Rank in course/Men: 103 (of 416)

Best time in course: 1:44:43

Rank in category: 26(of 58)

Best time in the category: 1:54:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:25	5:16	22	3:20	80	3:59	3.30	17:25	5:16	22	3:20	80	3:59
Bremer Hütte	2.40	15:59	6:39	34	3:28	168	4:53	5.70	33:24	5:51	25	6:45	123	8:52
Hermannsklippe	3.30	21:29	6:30	32	4:51	160	6:37	9.00	54:53	6:05	27	11:15	138	15:28
Brocken	3.10	28:08	9:04	36	7:31	155	9:47	12.10	1:23:01	6:51	29	18:42	136	25:15
Eiserner Handwe	3.60	16:32	4:35	20	3:15	79	4:00	15.70	1:39:33	6:20	29	21:32	124	29:15
Bremer Hütte	4.10	18:47	4:34	19	3:16	65	3:53	19.80	1:58:20	5:58	25	24:48	105	32:51
Loddenke	3.10	10:00	3:13	16	1:40	61	2:02	22.90	2:08:20	5:36	24	26:28	100	34:53
Ilseburg/Markt	3.30	15:21	4:39	30	2:54	132	4:05	26.20	2:23:41	5:29	26	29:22	103	38:58