



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Albrecht, Finja

Club: Hannover Runners
Number: 3

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:23:47

Speed: 10.93 km/h
Running performance: 5:29 min/km

Rank in course/Total: 110 (of 506)

Rank in course/Women: 7 (of 90)

Best time in course: 2:00:04

Rank in category: 3(of 11)

Best time in the category: 2:00:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:06	5:29	3	3:25	8	3:25	3.30	18:06	5:29	3	3:25	8	3:25
Bremer Hütte	2.40	15:08	6:18	3	2:07	7	2:07	5.70	33:14	5:49	3	5:32	6	5:32
Hermannsklippe	3.30	19:56	6:02	2	1:50	4	1:50	9.00	53:10	5:54	3	7:22	6	7:22
Brocken	3.10	25:44	8:18	2	2:03	4	2:17	12.10	1:18:54	6:31	2	9:25	4	9:25
Eiserner Handwe	3.60	18:22	5:06	3	5:01	16	5:01	15.70	1:37:16	6:11	3	14:26	6	14:26
Bremer Hütte	4.10	21:00	5:07	4	4:34	13	4:34	19.80	1:58:16	5:58	3	19:00	6	19:00
Loddenke	3.10	11:01	3:33	4	2:23	14	2:23	22.90	2:09:17	5:38	3	21:23	7	21:23
Ilseburg/Markt	3.30	14:30	4:23	3	2:20	8	2:20	26.20	2:23:47	5:29	3	23:43	7	23:43