



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Von Iven, Katrin

Club: LSG Ascania Aschersleben
Number: 523

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:23:48

Speed: 10.93 km/h
Running performance: 5:29 min/km

Rank in course/Total: 111 (of 506)

Rank in course/Women: 8 (of 90)

Best time in course: 2:00:04

Rank in category: 1(of 16)

Best time in the category: 2:23:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:48	5:41	1	-	14	4:07	3.30	18:48	5:41	1	-	14	4:07
Bremer Hütte	2.40	15:15	6:21	1	-	8	2:14	5.70	34:03	5:58	1	-	11	6:21
Hermannsklippe	3.30	20:46	6:17	1	-	9	2:40	9.00	54:49	6:05	1	-	9	9:01
Brocken	3.10	27:19	8:48	1	-	6	3:52	12.10	1:22:08	6:47	1	-	9	12:39
Eiserner Handwe	3.60	17:05	4:44	1	-	6	3:44	15.70	1:39:13	6:19	1	-	8	16:23
Bremer Hütte	4.10	19:32	4:45	1	-	5	3:06	19.80	1:58:45	5:59	1	-	8	19:29
Loddenke	3.10	10:43	3:27	1	-	9	2:05	22.90	2:09:28	5:39	1	-	8	21:34
Ilseburg/Markt	3.30	14:20	4:20	1	-	6	2:10	26.20	2:23:48	5:29	1	-	8	23:44