



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Jung, Markus

Club: Bergwacht Allgäu
Number: 192

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:24:21

Speed: 10.89 km/h
Running performance: 5:31 min/km

Rank in course/Total: 116 (of 506)

Rank in course/Men: 108 (of 416)

Best time in course: 1:44:43

Rank in category: 28(of 58)

Best time in the category: 1:54:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:03	4:51	11	1:58	40	2:37	3.30	16:03	4:51	11	1:58	40	2:37
Bremer Hütte	2.40	13:43	5:42	12	1:12	38	2:37	5.70	29:46	5:13	12	3:07	38	5:14
Hermannsklippe	3.30	18:37	5:38	10	1:59	36	3:45	9.00	48:23	5:22	11	4:45	36	8:58
Brocken	3.10	23:25	7:33	7	2:48	26	5:04	12.10	1:11:48	5:56	10	7:29	30	14:02
Eiserner Handwe	3.60	19:08	5:18	37	5:51	192	6:36	15.70	1:30:56	5:47	14	12:55	47	20:38
Bremer Hütte	4.10	25:23	6:11	50	9:52	337	10:29	19.80	1:56:19	5:52	22	22:47	85	30:50
Loddenke	3.10	12:59	4:11	46	4:39	281	5:01	22.90	2:09:18	5:38	28	27:26	110	35:51
Ilseburg/Markt	3.30	15:03	4:33	22	2:36	110	3:47	26.20	2:24:21	5:30	28	30:02	108	39:38