



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kresse, Mathias

Club: NIX tun kann JEDER
Number: 224

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:24:55

Speed: 10.76 km/h
Running performance: 5:32 min/km

Rank in course/Total: 119 (of 506)

Rank in course/Men: 111 (of 416)

Best time in course: 1:44:43

Rank in category: 12(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:50	5:24	15	2:24	105	4:24	3.30	17:50	5:24	15	2:24	105	4:24
Bremer Hütte	2.40	15:39	6:31	20	1:43	151	4:33	5.70	33:29	5:52	18	2:53	127	8:57
Hermannsklippe	3.30	21:51	6:37	23	3:16	174	6:59	9.00	55:20	6:08	20	6:09	143	15:55
Brocken	3.10	28:54	9:19	18	4:55	173	10:33	12.10	1:24:14	6:57	20	11:04	159	26:28
Eiserner Handwe	3.60	16:30	4:34	7	0:57	77	3:58	15.70	1:40:44	6:24	14	11:09	128	30:26
Bremer Hütte	4.10	19:19	4:42	7	0:49	80	4:25	19.80	2:00:03	6:03	14	11:16	122	34:34
Loddenke	3.10	9:59	3:13	5	0:49	60	2:01	22.90	2:10:02	5:40	12	9:50	116	36:35
Ilseburg/Markt	3.30	14:53	4:30	11	1:45	100	3:37	26.20	2:24:55	5:31	12	11:04	111	40:12