



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Morgenstern, Stephan

Club: digades Racing Team
Number: 258

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:25:31

Speed: 10.80 km/h
Running performance: 5:33 min/km

Rank in course/Total: 122 (of 506)

Rank in course/Men: 113 (of 416)

Best time in course: 1:44:43

Rank in category: 9(of 29)

Best time in the category: 1:49:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:32	5:00	5	3:06	51	3:06	3.30	16:32	5:00	5	3:06	51	3:06
Bremer Hütte	2.40	13:49	5:45	4	2:34	42	2:43	5.70	30:21	5:19	5	5:40	49	5:49
Hermannsklippe	3.30	18:43	5:40	4	3:06	40	3:51	9.00	49:04	5:27	4	8:46	43	9:39
Brocken	3.10	28:16	9:07	16	7:59	161	9:55	12.10	1:17:20	6:23	4	16:45	68	19:34
Eiserner Handwe	3.60	16:10	4:29	4	3:03	59	3:38	15.70	1:33:30	5:57	4	19:48	60	23:12
Bremer Hütte	4.10	21:52	5:20	15	6:58	185	6:58	19.80	1:55:22	5:49	5	26:46	74	29:53
Loddenke	3.10	11:48	3:48	18	3:47	200	3:50	22.90	2:07:10	5:33	6	30:33	88	33:43
Ilseburg/Markt	3.30	18:21	5:33	25	5:58	308	7:05	26.20	2:25:31	5:33	9	36:04	113	40:48