



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Holzberg, Britta

Club: Behinderten SV Celle
Number: 179

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:26:00

Speed: 10.68 km/h
Running performance: 5:34 min/km

Rank in course/Total: 127 (of 506)

Rank in course/Women: 10 (of 90)

Best time in course: 2:00:04

Rank in category: 3(of 8)

Best time in the category: 2:23:20

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Loddenke	3.30	17:56	5:26	2	1:12	6	3:15	3.30	17:56	5:26	2	1:12	6	3:15
Bremer Hütte	2.40	15:38	6:30	3	0:59	10	2:37	5.70	33:34	5:53	3	2:11	9	5:52
Hermannsklippe	3.30	21:17	6:26	3	1:08	11	3:11	9.00	54:51	6:05	3	3:19	10	9:03
Brocken	3.10	28:19	9:08	3	0:44	10	4:52	12.10	1:23:10	6:52	3	3:53	10	13:41
Eiserner Handwe	3.60	16:41	4:38	1	-	5	3:20	15.70	1:39:51	6:21	3	3:12	10	17:01
Bremer Hütte	4.10	20:05	4:53	1	-	8	3:39	19.80	1:59:56	6:03	3	2:23	10	20:40
Loddenke	3.10	10:37	3:25	2	0:27	8	1:59	22.90	2:10:33	5:42	3	1:58	10	22:39
Ilseburg/Markt	3.30	15:27	4:40	2	1:54	13	3:17	26.20	2:26:00	5:34	3	2:40	10	25:56