



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Kräher, Benjamin

Club: BOYS OF RIMINI epic racing  
Number: 488

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:26:43

Speed: 10.71 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 132 (of 506)

Rank in course/Men: 122 (of 416)

Best time in course: 1:44:43

Rank in category: 19(of 48)

Best time in the category: 1:44:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:16	6:08	31	6:50	270	6:50	3.30	20:16	6:08	31	6:50	270	6:50
Bremer Hütte	2.40	16:14	6:45	25	5:07	188	5:08	5.70	36:30	6:24	30	11:57	226	11:58
Hermannsklippe	3.30	21:08	6:24	20	6:16	138	6:16	9.00	57:38	6:24	26	18:13	188	18:13
Brocken	3.10	25:25	8:11	13	7:04	60	7:04	12.10	1:23:03	6:51	20	25:17	137	25:17
Eiserner Handwe	3.60	17:47	4:56	16	5:15	130	5:15	15.70	1:40:50	6:25	19	30:32	132	30:32
Bremer Hütte	4.10	20:09	4:54	17	4:58	114	5:15	19.80	2:00:59	6:06	19	35:30	127	35:30
Loddenke	3.10	10:37	3:25	13	2:39	108	2:39	22.90	2:11:36	5:44	19	38:09	124	38:09
Ilseburg/Markt	3.30	15:07	4:34	18	3:51	114	3:51	26.20	2:26:43	5:35	19	42:00	122	42:00