



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

**Bittner, Johannes**

Club: Handballverein Ilseburg  
Number: 451

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:29:01

Speed: 10.55 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 146 (of 506)

Rank in course/Men: 135 (of 416)

Best time in course: 1:44:43

Rank in category: 11(of 29)

Best time in the category: 1:49:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:48	5:23	10	4:22	100	4:22	3.30	17:48	5:23	10	4:22	100	4:22
Bremer Hütte	2.40	15:23	6:24	11	4:08	122	4:17	5.70	33:11	5:49	11	8:30	104	8:39
Hermannsklippe	3.30	20:39	6:15	12	5:02	114	5:47	9.00	53:50	5:58	14	13:32	113	14:25
Brocken	3.10	27:44	8:56	13	7:27	138	9:23	12.10	1:21:34	6:44	11	20:59	114	23:48
Eiserner Handwe	3.60	17:21	4:49	9	4:14	113	4:49	15.70	1:38:55	6:18	10	25:13	110	28:37
Bremer Hütte	4.10	22:40	5:31	18	7:46	225	7:46	19.80	2:01:35	6:08	10	32:59	132	36:06
Loddenke	3.10	11:41	3:46	17	3:40	187	3:43	22.90	2:13:16	5:49	10	36:39	132	39:49
Ilseburg/Markt	3.30	15:45	4:46	15	3:22	157	4:29	26.20	2:29:01	5:41	11	39:34	135	44:18