



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Pikarski, Jessica

Club: Team Kyffhäuser
Number: 286

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:30:02

Speed: 10.40 km/h
Running performance: 5:44 min/km

Rank in course/Total: 152 (of 506)

Rank in course/Women: 12 (of 90)

Best time in course: 2:00:04

Rank in category: 3(of 15)

Best time in the category: 2:11:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:00	5:27	2	2:14	7	3:19	3.30	18:00	5:27	2	2:14	7	3:19
Bremer Hütte	2.40	15:39	6:31	2	1:27	11	2:38	5.70	33:39	5:54	2	3:41	10	5:57
Hermannsklippe	3.30	21:31	6:31	3	2:26	13	3:25	9.00	55:10	6:07	2	6:07	11	9:22
Brocken	3.10	29:13	9:25	3	4:31	15	5:46	12.10	1:24:23	6:58	2	10:38	12	14:54
Eiserner Handwe	3.60	18:19	5:05	3	2:29	14	4:58	15.70	1:42:42	6:32	2	13:07	11	19:52
Bremer Hütte	4.10	21:14	5:10	3	2:56	15	4:48	19.80	2:03:56	6:15	3	16:03	12	24:40
Loddenke	3.10	10:53	3:30	3	1:25	10	2:15	22.90	2:14:49	5:53	3	17:28	12	26:55
Ilseburg/Markt	3.30	15:13	4:36	3	0:57	11	3:03	26.20	2:30:02	5:43	3	18:25	12	29:58