



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Fels, Anika

Club: Billerbecker Läufer
Number: 116

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:30:38

Speed: 10.36 km/h
Running performance: 5:45 min/km

Rank in course/Total: 160 (of 506)

Rank in course/Women: 13 (of 90)

Best time in course: 2:00:04

Rank in category: 4(of 11)

Best time in the category: 2:00:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:24	5:34	4	3:43	11	3:43	3.30	18:24	5:34	4	3:43	11	3:43
Bremer Hütte	2.40	16:01	6:40	5	3:00	15	3:00	5.70	34:25	6:02	4	6:43	13	6:43
Hermannsklippe	3.30	21:24	6:29	4	3:18	12	3:18	9.00	55:49	6:12	4	10:01	13	10:01
Brocken	3.10	28:14	9:06	3	4:33	9	4:47	12.10	1:24:03	6:56	4	14:34	11	14:34
Eiserner Handwe	3.60	19:02	5:17	6	5:41	23	5:41	15.70	1:43:05	6:33	4	20:15	13	20:15
Bremer Hütte	4.10	21:36	5:16	6	5:10	23	5:10	19.80	2:04:41	6:17	4	25:25	13	25:25
Loddenke	3.10	10:56	3:31	3	2:18	13	2:18	22.90	2:15:37	5:55	4	27:43	13	27:43
Ilseburg/Markt	3.30	15:01	4:33	4	2:51	10	2:51	26.20	2:30:38	5:44	4	30:34	13	30:34