



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Krüger, Silvio

Club: Nobitz
Number: 228

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:30:41

Speed: 10.43 km/h
Running performance: 5:45 min/km

Rank in course/Total: 162 (of 506)

Rank in course/Men: 149 (of 416)

Best time in course: 1:44:43

Rank in category: 23(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:57	5:44	34	5:31	197	5:31	3.30	18:57	5:44	34	5:31	197	5:31
Bremer Hütte	2.40	16:18	6:47	28	4:54	190	5:12	5.70	35:15	6:11	30	10:25	191	10:43
Hermannsklippe	3.30	21:36	6:32	24	6:03	168	6:44	9.00	56:51	6:18	27	16:28	177	17:26
Brocken	3.10	29:11	9:24	26	8:49	183	10:50	12.10	1:26:02	7:06	25	25:08	176	28:16
Eiserner Handwe	3.60	17:15	4:47	17	4:01	106	4:43	15.70	1:43:17	6:34	22	29:09	155	32:59
Bremer Hütte	4.10	20:31	5:00	21	5:01	126	5:37	19.80	2:03:48	6:15	21	33:28	146	38:19
Loddenke	3.10	11:17	3:38	31	3:17	157	3:19	22.90	2:15:05	5:53	21	35:54	145	41:38
Ilseburg/Markt	3.30	15:36	4:43	26	3:57	147	4:20	26.20	2:30:41	5:45	23	39:41	149	45:58