



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Eriksen, Ejgil

Club: Kolding Motion
Number: 25

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:31:22

Speed: 10.31 km/h
Running performance: 5:47 min/km

Rank in course/Total: 165 (of 506)

Rank in course/Men: 152 (of 416)

Best time in course: 1:44:43

Rank in category: 1(of 15)

Best time in the category: 2:31:22

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:34 | 5:55 | 2 | 0:04 | 229 | 6:08 | 3.30 | 19:34 | 5:55 | 2 | 0:04 | 229 | 6:08 |
| Bremer Hütte | 2.40 | 17:00 | 7:05 | 1 | - | 237 | 5:54 | 5.70 | 36:34 | 6:24 | 1 | - | 228 | 12:02 |
| Hermannsklippe | 3.30 | 22:15 | 6:44 | 1 | - | 201 | 7:23 | 9.00 | 58:49 | 6:32 | 1 | - | 220 | 19:24 |
| Brocken | 3.10 | 28:56 | 9:20 | 1 | - | 175 | 10:35 | 12.10 | 1:27:45 | 7:15 | 1 | - | 201 | 29:59 |
| Eiserner Handwe | 3.60 | 17:39 | 4:54 | 1 | - | 120 | 5:07 | 15.70 | 1:45:24 | 6:42 | 1 | - | 176 | 35:06 |
| Bremer Hütte | 4.10 | 20:29 | 4:59 | 1 | - | 123 | 5:35 | 19.80 | 2:05:53 | 6:21 | 1 | - | 164 | 40:24 |
| Loddenke | 3.10 | 10:42 | 3:27 | 1 | - | 116 | 2:44 | 22.90 | 2:16:35 | 5:57 | 1 | - | 157 | 43:08 |
| Ilseburg/Markt | 3.30 | 14:47 | 4:28 | 1 | - | 89 | 3:31 | 26.20 | 2:31:22 | 5:46 | 1 | - | 152 | 46:39 |