



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Eriksen, Ejgil

Club: Kolding Motion
Number: 25

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:31:22

Speed: 10.39 km/h
Running performance: 5:47 min/km

Rank in course/Total: 165 (of 506)

Rank in course/Men: 152 (of 416)

Best time in course: 1:44:43

Rank in category: 1(of 15)

Best time in the category: 2:31:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:34	5:55	2	0:04	229	6:08	3.30	19:34	5:55	2	0:04	229	6:08
Bremer Hütte	2.40	17:00	7:05	1	-	237	5:54	5.70	36:34	6:24	1	-	228	12:02
Hermannsklippe	3.30	22:15	6:44	1	-	201	7:23	9.00	58:49	6:32	1	-	220	19:24
Brocken	3.10	28:56	9:20	1	-	175	10:35	12.10	1:27:45	7:15	1	-	201	29:59
Eiserner Handwe	3.60	17:39	4:54	1	-	120	5:07	15.70	1:45:24	6:42	1	-	176	35:06
Bremer Hütte	4.10	20:29	4:59	1	-	123	5:35	19.80	2:05:53	6:21	1	-	164	40:24
Loddenke	3.10	10:42	3:27	1	-	116	2:44	22.90	2:16:35	5:57	1	-	157	43:08
Ilseburg/Markt	3.30	14:47	4:28	1	-	89	3:31	26.20	2:31:22	5:46	1	-	152	46:39