



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Wernecke, Frank

Club: W+J

Number: 527

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:32:53

Speed: 10.20 km/h

Running performance: 5:50 min/km

Rank in course/Total: 176 (of 506)

Rank in course/Men: 162 (of 416)

Best time in course: 1:44:43

Rank in category: 23(of 72)

Best time in the category: 2:13:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:04	5:28	20	2:38	124	4:38	3.30	18:04	5:28	20	2:38	124	4:38
Bremer Hütte	2.40	17:40	7:21	49	3:44	282	6:34	5.70	35:44	6:16	39	5:08	206	11:12
Hermannsklippe	3.30	22:39	6:51	33	4:04	222	7:47	9.00	58:23	6:29	35	9:12	202	18:58
Brocken	3.10	30:27	9:49	29	6:28	221	12:06	12.10	1:28:50	7:20	33	15:40	217	31:04
Eiserner Handwe	3.60	16:17	4:31	4	0:44	67	3:45	15.70	1:45:07	6:41	26	15:32	173	34:49
Bremer Hütte	4.10	20:43	5:03	23	2:13	135	5:49	19.80	2:05:50	6:21	25	17:03	163	40:21
Loddenke	3.10	11:11	3:36	20	2:01	147	3:13	22.90	2:17:01	5:58	24	16:49	163	43:34
Ilseburg/Markt	3.30	15:52	4:48	19	2:44	168	4:36	26.20	2:32:53	5:50	23	19:02	162	48:10