



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Latting, Stephan

Club: LC BlueLiner  
Number: 493

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:32:58

Speed: 10.20 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 177 (of 506)

Rank in course/Men: 163 (of 416)

Best time in course: 1:44:43

Rank in category: 13(of 29)

Best time in the category: 1:49:27

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 21:17      | 6:26         | 20          | 7:51        | 317     | 7:51       | 3.30          | 21:17      | 6:26         | 20       | 7:51        | 317     | 7:51       |
| Bremer Hütte       | 2.40     | 16:46      | 6:59         | 17          | 5:31        | 222     | 5:40       | 5.70          | 38:03      | 6:40         | 20       | 13:22       | 281     | 13:31      |
| Hermannsklippe     | 3.30     | 22:12      | 6:43         | 16          | 6:35        | 197     | 7:20       | 9.00          | 1:00:15    | 6:41         | 17       | 19:57       | 248     | 20:50      |
| Brocken            | 3.10     | 27:09      | 8:45         | 8           | 6:52        | 110     | 8:48       | 12.10         | 1:27:24    | 7:13         | 16       | 26:49       | 192     | 29:38      |
| Eiserner Handwe    | 3.60     | 20:17      | 5:38         | 17          | 7:10        | 244     | 7:45       | 15.70         | 1:47:41    | 6:51         | 16       | 33:59       | 209     | 37:23      |
| Bremer Hütte       | 4.10     | 19:31      | 4:45         | 8           | 4:37        | 89      | 4:37       | 19.80         | 2:07:12    | 6:25         | 13       | 38:36       | 177     | 41:43      |
| Loddenke           | 3.10     | 10:31      | 3:23         | 9           | 2:30        | 96      | 2:33       | 22.90         | 2:17:43    | 6:00         | 13       | 41:06       | 168     | 44:16      |
| Ilseburg/Markt     | 3.30     | 15:15      | 4:37         | 13          | 2:52        | 129     | 3:59       | 26.20         | 2:32:58    | 5:50         | 13       | 43:31       | 163     | 48:15      |