



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Latting, Stephan

Club: LC BlueLiner  
Number: 493

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:32:58

Speed: 10.28 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 177 (of 506)

Rank in course/Men: 163 (of 416)

Best time in course: 1:44:43

Rank in category: 13(of 29)

Best time in the category: 1:49:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:17	6:26	20	7:51	317	7:51	3.30	21:17	6:26	20	7:51	317	7:51
Bremer Hütte	2.40	16:46	6:59	17	5:31	222	5:40	5.70	38:03	6:40	20	13:22	281	13:31
Hermannsklippe	3.30	22:12	6:43	16	6:35	197	7:20	9.00	1:00:15	6:41	17	19:57	248	20:50
Brocken	3.10	27:09	8:45	8	6:52	110	8:48	12.10	1:27:24	7:13	16	26:49	192	29:38
Eiserner Handwe	3.60	20:17	5:38	17	7:10	244	7:45	15.70	1:47:41	6:51	16	33:59	209	37:23
Bremer Hütte	4.10	19:31	4:45	8	4:37	89	4:37	19.80	2:07:12	6:25	13	38:36	177	41:43
Loddenke	3.10	10:31	3:23	9	2:30	96	2:33	22.90	2:17:43	6:00	13	41:06	168	44:16
Ilseburg/Markt	3.30	15:15	4:37	13	2:52	129	3:59	26.20	2:32:58	5:50	13	43:31	163	48:15