



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Gabor, Stefan

Club: Hemmingen
Number: 130

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:34:34

Speed: 10.17 km/h
Running performance: 5:54 min/km

Rank in course/Total: 189 (of 506)

Rank in course/Men: 172 (of 416)

Best time in course: 1:44:43

Rank in category: 24(of 48)

Best time in the category: 1:44:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:04	6:23	38	7:38	303	7:38	3.30	21:04	6:23	38	7:38	303	7:38
Bremer Hütte	2.40	16:49	7:00	30	5:42	229	5:43	5.70	37:53	6:38	34	13:20	277	13:21
Hermannsklippe	3.30	22:49	6:54	31	7:57	231	7:57	9.00	1:00:42	6:44	32	21:17	259	21:17
Brocken	3.10	25:51	8:20	15	7:30	71	7:30	12.10	1:26:33	7:09	27	28:47	181	28:47
Eiserner Handwe	3.60	18:20	5:05	20	5:48	156	5:48	15.70	1:44:53	6:40	25	34:35	170	34:35
Bremer Hütte	4.10	22:10	5:24	24	6:59	202	7:16	19.80	2:07:03	6:25	25	41:34	172	41:34
Loddenke	3.10	11:23	3:40	22	3:25	166	3:25	22.90	2:18:26	6:02	25	44:59	172	44:59
Ilseburg/Markt	3.30	16:08	4:53	24	4:52	183	4:52	26.20	2:34:34	5:53	24	49:51	172	49:51