



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Schrills, Martin

Club: Oschersleben OT Hadmersleben
Number: 333

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:35:39

Speed: 10.02 km/h
Running performance: 5:56 min/km

Rank in course/Total: 197 (of 506)

Rank in course/Men: 179 (of 416)

Best time in course: 1:44:43

Rank in category: 22(of 45)

Best time in the category: 1:49:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:08	5:29	15	4:42	127	4:42	3.30	18:08	5:29	15	4:42	127	4:42
Bremer Hütte	2.40	15:28	6:26	22	4:22	131	4:22	5.70	33:36	5:53	19	9:04	132	9:04
Hermannsklippe	3.30	21:14	6:26	23	6:20	145	6:22	9.00	54:50	6:05	21	15:24	137	15:25
Brocken	3.10	28:52	9:18	23	9:52	172	10:31	12.10	1:23:42	6:55	22	25:16	146	25:56
Eiserner Handwe	3.60	19:43	5:28	25	6:38	218	7:11	15.70	1:43:25	6:35	19	31:10	156	33:07
Bremer Hütte	4.10	22:46	5:33	30	7:09	229	7:52	19.80	2:06:11	6:22	19	38:11	165	40:42
Loddenke	3.10	12:29	4:01	29	4:22	248	4:31	22.90	2:18:40	6:03	20	41:59	173	45:13
Ilseburg/Markt	3.30	16:59	5:08	29	5:30	234	5:43	26.20	2:35:39	5:56	22	46:20	179	50:56