



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Zedler, Sandy

Club: Halle/S.
Number: 440

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:35:52

Speed: 10.09 km/h
Running performance: 5:57 min/km

Rank in course/Total: 198 (of 506)

Rank in course/Men: 180 (of 416)

Best time in course: 1:44:43

Rank in category: 35(of 58)

Best time in the category: 1:54:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:32	6:31	53	7:27	332	8:06	3.30	21:32	6:31	53	7:27	332	8:06
Bremer Hütte	2.40	17:16	7:11	47	4:45	259	6:10	5.70	38:48	6:48	50	12:09	299	14:16
Hermannsklippe	3.30	22:16	6:44	41	5:38	202	7:24	9.00	1:01:04	6:47	46	17:26	267	21:39
Brocken	3.10	27:51	8:59	35	7:14	143	9:30	12.10	1:28:55	7:20	40	24:36	218	31:09
Eiserner Handwe	3.60	18:40	5:11	33	5:23	169	6:08	15.70	1:47:35	6:51	39	29:34	206	37:17
Bremer Hütte	4.10	21:26	5:13	31	5:55	160	6:32	19.80	2:09:01	6:30	36	35:29	194	43:32
Loddenke	3.10	10:59	3:32	30	2:39	136	3:01	22.90	2:20:00	6:06	36	38:08	185	46:33
Ilseburg/Markt	3.30	15:52	4:48	34	3:25	168	4:36	26.20	2:35:52	5:56	35	41:33	180	51:09