



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Aisch, Matthias

Club: Hannover
Number: 546

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:36:01

Speed: 10.00 km/h
Running performance: 5:57 min/km

Rank in course/Total: 199 (of 506)

Rank in course/Men: 181 (of 416)

Best time in course: 1:44:43

Rank in category: 36(of 58)

Best time in the category: 1:54:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:56	6:02	39	5:51	248	6:30	3.30	19:56	6:02	39	5:51	248	6:30
Bremer Hütte	2.40	16:34	6:54	42	4:03	208	5:28	5.70	36:30	6:24	40	9:51	226	11:58
Hermannsklippe	3.30	21:56	6:38	36	5:18	181	7:04	9.00	58:26	6:29	37	14:48	204	19:01
Brocken	3.10	29:39	9:33	40	9:02	202	11:18	12.10	1:28:05	7:16	39	23:46	205	30:19
Eiserner Handwe	3.60	18:08	5:02	31	4:51	141	5:36	15.70	1:46:13	6:45	36	28:12	189	35:55
Bremer Hütte	4.10	21:31	5:14	32	6:00	163	6:37	19.80	2:07:44	6:27	35	34:12	181	42:15
Loddenke	3.10	11:43	3:46	34	3:23	190	3:45	22.90	2:19:27	6:05	35	37:35	184	46:00
Ilseburg/Markt	3.30	16:34	5:01	37	4:07	205	5:18	26.20	2:36:01	5:57	36	41:42	181	51:18