



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Emmerling, Peter

Club: Tri- team Geisenfeld
Number: 111

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:36:03

Speed: 10.00 km/h
Running performance: 5:58 min/km

Rank in course/Total: 200 (of 506)

Rank in course/Men: 182 (of 416)

Best time in course: 1:44:43

Rank in category: 22(of 52)

Best time in the category: 2:08:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:55	6:02	36	3:32	246	6:29	3.30	19:55	6:02	36	3:32	246	6:29
Bremer Hütte	2.40	17:14	7:10	33	3:20	256	6:08	5.70	37:09	6:31	33	6:45	251	12:37
Hermannsklippe	3.30	22:45	6:53	29	4:17	230	7:53	9.00	59:54	6:39	32	11:02	240	20:29
Brocken	3.10	30:41	9:53	33	8:18	234	12:20	12.10	1:30:35	7:29	32	17:39	242	32:49
Eiserner Handwe	3.60	18:35	5:09	19	4:22	163	6:03	15.70	1:49:10	6:57	30	20:41	227	38:52
Bremer Hütte	4.10	20:26	4:59	12	3:09	120	5:32	19.80	2:09:36	6:32	23	23:48	199	44:07
Loddenke	3.10	11:06	3:34	14	2:09	143	3:08	22.90	2:20:42	6:08	23	25:45	193	47:15
Ilseburg/Markt	3.30	15:21	4:39	14	2:23	132	4:05	26.20	2:36:03	5:57	22	27:54	182	51:20